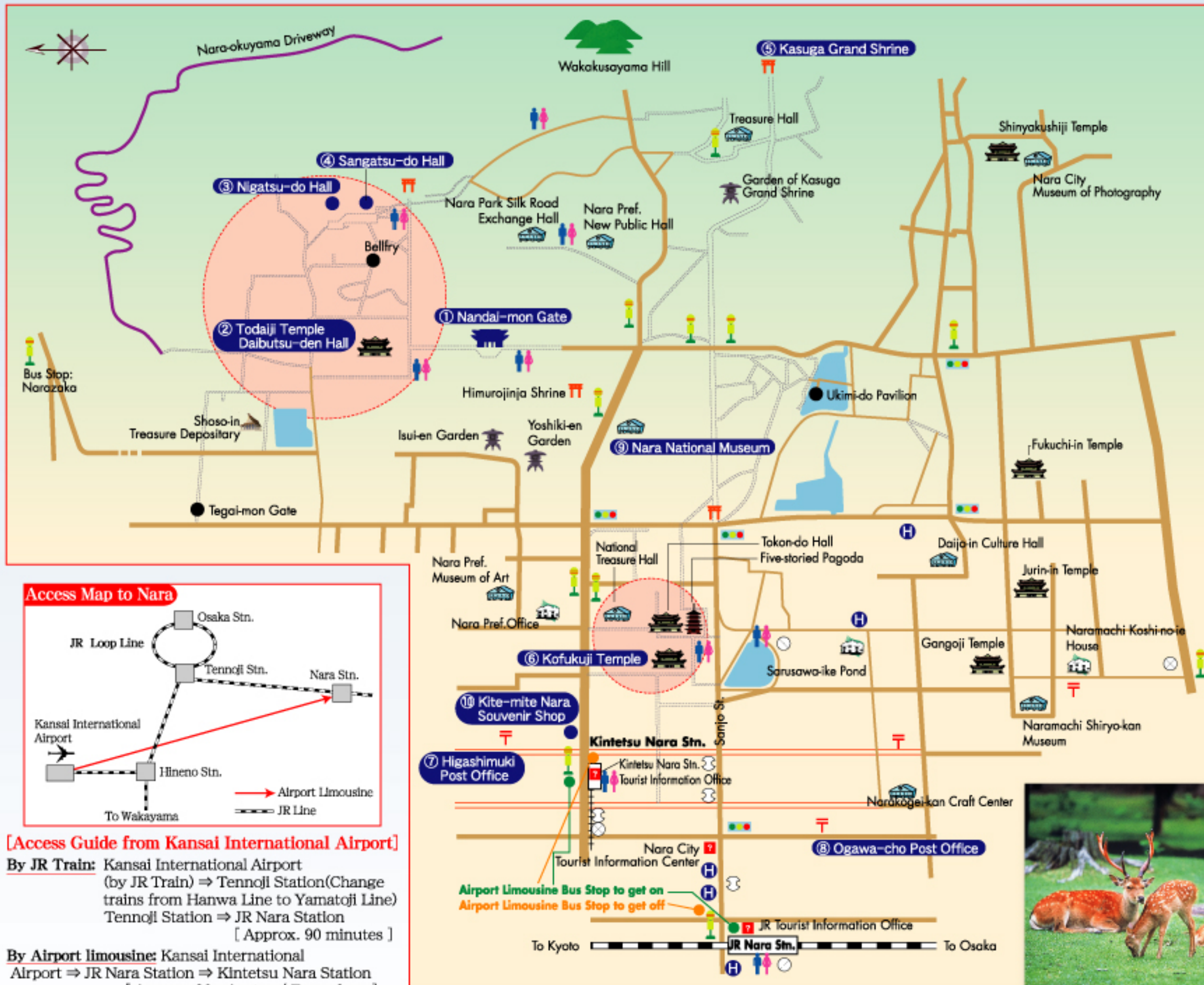


For Transit Passengers (Short Trip to Nara)

Nara Park (Deer Park) and Its Surroundings Model Course (About 3 hours)

-  Lavatory
-  Bus stop
-  Post Office
-  Hotel
-  Traffic signal
-  Koban
-  Bank
-  Walking Path
-  Shopping Street



Kasuga Grand Shrine



Todaiji Temple Daibutsu-den Hall



Wakakusayama Hill



Nara Park (Deer Park)

Nara Park (Deer Park) and Its Surroundings

Model Course (About 3 hours)

[Access] Take a bus from either JR or Kintetsu Nara Station to Daibutsuden-Kasuga-Taisha(Grand Shrine)-mae. Buses run about every 10 minutes.

◀ **Nara Park and Deer** ▶ Nara Park covers an area of 660 hectares and has an abundance of greenery. Wild deer roam freely throughout the park. Nara park boasts the following sightseeing spots:

[I] **Todaiji Temple:** ① **Nandai-mon Gate** This was reconstructed in late 12th century and contains Japan's largest pair of guardian deities, made in just 69 days. ⇒ ② **Daibutsu-den Hall** [¥500] This is the world's largest wooden structure and built by the Emperor Shomu in the 8th century. A pair of golden ornaments on the roof (known as *Shibi* in Japanese) were believed to protect the building from catching fires. Inside the Hall, the Great Buddha(*Vairocana* 15 meters high) is situated on a lotus pedestal. One of the pillars to the rear of the statue has a hole through it. Passing through the hole is supposed to bring you happiness. ⇒ **Pindula** Situated outside the Hall of the Great Buddha, he is still believed to have miracle powers to relieve pain if you rub the corresponding part of his body.

[II] **Todaiji Temple:** ③ **Nigatsu-do Hall** [No charge] If you have time, walk along the quiet path behind the Hall of the Great Buddha to Nigatsu-do Hall. The walk takes approximately 7 minutes and on the way you will pass a bell called Nara Taro. It dates back to the 13th century. From Nigatsu-do, Hall you can enjoy a fine panorama of Nara City on a fine day. ⇒ ④ **Sangatsu-do Hall** [¥500] This is about 2-minute walk from Nigatsu-do Hall. For those with an interest in Buddhist statuary, there are a number of important national treasures within this Hall. For example, the Fuku-kenjaku Kannon, the bodhisatvas of Nikko, and Gakko as well as a number of other must-sees.

[III] ⑤ **Kasuga Grand Shrine** [No charge. Although ¥500 under for special visit] This is about a 15-minute walk from Sangatsu-do Hall. This shrine was built by the Fujiwaras, an aristocratic family who had huge political power from the 8th to the 12th centuries. The shrine has about 1,000 hanging bronze lanterns and 2,000 stone lanterns. A huge 800-year old cedar tree pokes through the roof of a building in the main garden. The 600-year old wisteria also blooms wonderfully every year. ⇒ **Treasure Hall** [¥420] This contains a lot of treasures connected to the Shrine and is recommended for those with an interest in such artifacts.

[IV] ⑥ **Kofukuji Temple** This is about a 20-minute walk from Kasuga Taisha Shrine. It was built by the Fujiwaras in the 8th century. ⇒ **The five-storied Pagoda** reconstructed in 1426, is a symbol of Nara Park, and at 51 meters, is Japan's second highest pagoda. ⇒ **Tokon-do Hall** [¥300] This was reconstructed in 1415 and houses a triad of healing Buddhas. ⇒ **National Treasure Hall** [¥500] A must-see for those with an interest in Buddhist imagery.

- * All numbers above correspond with those on the map.
- * 1km(about 0.6 mile) = Approximately 15 minutes on foot.

General Information

1] Cash Services:

- [I] **Higashimuki Post Office** (㉗) (Located in the Higashimuki-kita shopping district) : Open 09:00-19:00 weekdays, 09:00-17:00 Sundays and public holidays
- [II] **Ogawa-cho Post Office** (㉘) : Open 09:00-19:00 weekdays and 09:00-17:00 Saturdays
 - * Visa, MasterCard, Cirrus, American Express, JCB and UC cards are acceptable at both ㉗ and ㉘ .
 - * US dollars, Canadian dollars, Australian dollars, Euros and Korean won can be changed to Japanese yen at ㉗ , but it may take time.
- [III] Traveler's checks may be changed to Japanese yen at banks in Nara City although it may take some time.

2] **Mail:** To send postcards to anywhere in the world costs ¥70.

3] Internet Services:

For details please contact Nara City Tourist Information Center at telephone number: 0742-22-5595 (Inquiries in English)

4] Telephone :

For making international calls from a public payphone, push: 0033-010-(national code) - (area code) -number required.

- [I] At an IC card system payphone, insert the IC card in the card slot.
- [II] At a digital system payphone, insert a telephone card or coins.

5] Souvenirs to suit your budget:

~ ¥1,000	Amulet of various kinds; Handkerchief printed with the Shoso-in pattern; Deer antler goods (key holders, paper-knives, etc.)
~ ¥2,000	T-shirts (printed with Sumo wrestlers or the Ukiyoe pictures); Japanese folding fans; fancy goods with a kimono pattern such as coasters, toiletry goods, pouches, etc.)
¥2,000 ~	Linen goods (table center, curtains etc.); Yoshino cedar handicrafts (picture frames etc.); incense and burners; Nara fans, Nara dolls; Akahada-yaki earthenware goods

* The above-mentioned souvenirs can all be purchased at the shops introduced below.

[I] **The Museum Shop** (㉙)(B1 of Nara National Museum): Copies of articles from the Nara period, preserved in *Shoso-in* Depository, are the base for print designs on fancy goods such as handkerchiefs and scarves. Some of these souvenirs are available only at this shop.

[II] **Kite-Mite Nara Souvenir Shop** (㉚): A shop that displays and sells specialty products from Nara Prefecture Tourists Information Center.

* Besides these two shops, there are many other shops, such as the ¥100 stores, recycled stores and souvenir shops located in Sanjo-dori street, Higashimuki, and Mochiidono shopping streets.

6] Foods:

There are a number of restaurants and fast food shops in the shopping districts around JR Nara and Kintetsu Nara Stations.

* For details, please contact Nara City Tourist Information Center at telephone number : Tel 0742-22-5595.(Inquiries in English)

* All numbers above correspond with those on the map.

