

In Order to Prevent the Novel Coronavirus Infection

Please take the same preventive measures that you would take against a cold or the seasonal influenza such as coughing etiquette and washing your hands.

About the Novel Coronavirus Infection

The infection often causes a prolonged (about a week) fever, a sore throat, coughing, as well as a strong feeling of weariness.

Care must be taken as severe cases may bring pneumonia, and there even have been deaths. In particular, if the elderly and those with underlying diseases contract this virus, it may be more severe for them.

The mode of transmission is by droplet infection and contagious infection. Although it is said that no airborne infection has occurred, care should be taken when, for example, many people gather in a closed space and have a conversation.

Preventive Measures in Everyday Life

○Washing Your Hands

- Wash your hands frequently **when you come home, before and after preparing and eating meals.**



○Coughing Etiquette

When you cough or sneeze

- Wear a mask.
- During times when you do not have a mask, **cover your mouth and nose** with a tissue.
- If the above is not possible, cover your mouth and nose **with your sleeve or clothes.**
- Stay away** from those around you.



○Avoid gathering in large groups in poorly ventilated and crowded spaces.

○Those with chronic illnesses and the elderly should take extra care and avoid crowded places.

○When you do not feel well (have a cough, fever, etc.), give yourself some rest in order to not develop the symptoms or pass them on to others.

To foreigners with a fever or other cold-like symptoms and have had contact with any of the following infected areas

(Hubei and Zhejiang Provinces in China; Daegu Metropolitan City, Cheongdo County in Gyeongsangbuk-do Province, Gyeongsan, Andong and Yeongcheon Cities, Chilgok, Uiseong, Seongju and Gunwi Counties in South Korea; Gilan, Qom, Tehran, Alborz, Isfahan, Qazvin, Golestan, Semnan, Mazandaran, Markazi, Lorestan Provinces in Islamic Republic of Iran; Veneto, Emilia-Romagna, Piedmont, Marche and Lombardy Regions in Italian Republic; Republic of San Marino)

Enquire with the returnee/contact consultation center instead of visiting a general medical facility. (The service is generally available only in Japanese.)

TEL.0742-27-1132 FAX.0742-22-5510 / Weekdays 8:30~21:00 Weekends and holidays 10:00~16:00

To foreign visitors to Japan who want help

The Japan National Tourism Organization (JNTO) operates a multilingual visitor hotline (in English, Chinese and Korean). Those who are on the hotline can also answer your inquiries about the novel coronavirus.

Japan Visitor Hotline 050-3816-2787 (Available 24/7)