To Foreign Visitors and Residents
～Novel Coronavirus Infection～

○Novel coronavirus infection has occurred in Nara Prefecture. Act calmly based on the correct information from the Ministry of health, Labour and Welfare or from Nara Prefecture while not worrying excessively.

○It is extremely important to remember <u>coughing etiquette</u> and to keep <u>washing your hands</u> in the same way as you would to avoid catching a cold or influenza. We ask that each person puts effort in preventing infection.

<Coughing Etiquette>
Put on a disposable face mask.
During times when you do not have a mask, cover your mouth and nose with a tissue, handkerchief, or your sleeve.

<Washing Your Hands>
Wash your hands with soap and running water frequently when you come home, before and after preparing and eating meals.
Disinfectant with alcohol is also effective.

○When you do not feel well (have a cough, fever, etc.), give yourself some rest in order to not develop the symptoms or pass them on to others.

【Attention】 To those who have come or returned from Hubei Province or Zhejiang Province

If you have any symptoms such as a cough or a fever, contact the consultation counter below instead of visiting a general medical facility.

(The service is generally available only in Japanese.)

Telephone Number	FAX Number	Hours
０７４２－２７－１１３２	０７４２－２２－５５１０	Weekdays 8：30～17：15 Weekends/holidays: 10：00～16：00

The visitors' hotline by the Japan National Tourism Organization（JNTO）

The Japan National Tourism Organization (JNTO) operates a multilingual visitor hotline; "Japan Visit Hotline," 24 hours a day, 365 days a year for securing visitors' safety in case of emergency. Those who are on the hotline can also answer your inquiries about the novel coronavirus.

050-3816-2787
Japan Visitor Hotline 旅客咨询热线 일본 방문자 핫라인
From Overseas +81-50-3816-2787

Nara Prefecture (Disease Control Division, Medical Policy Bureau, Welfare and Medical Department / Comprehensive Disaster Prevention Office, Office of the Governor, General Affairs Department)