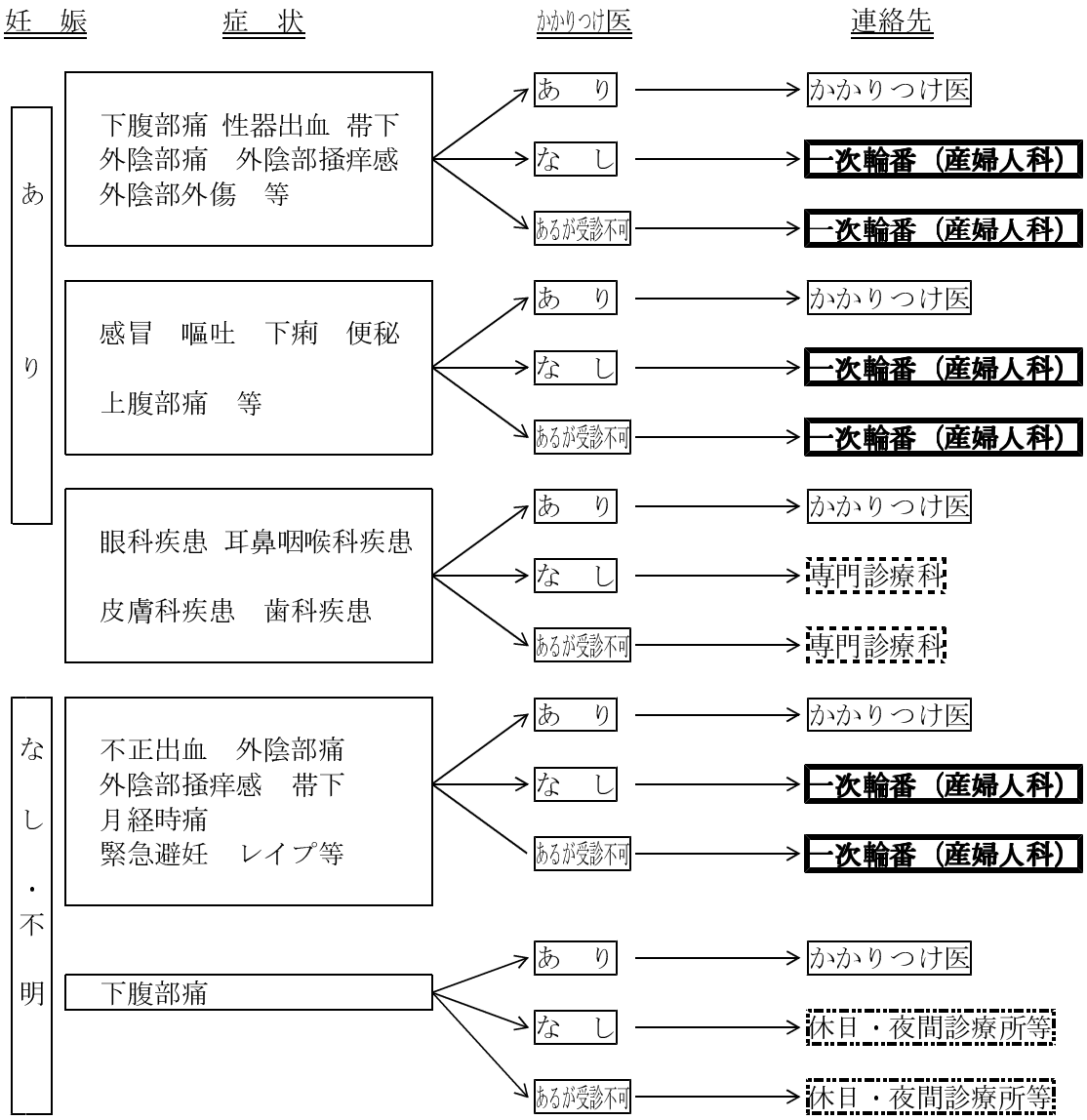基本的な症状からみた連絡先