



A Guidebook to the Traditional Medicines of Nara



With tourist information



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Manufacturers and Companies

Ominesan Daranisuke Seiyaku, Kinuya Yakuho, Kinyo Pharmaceutical, Club Cosmetics, Cosmepro, Sato Yakuhin Kogyo, Sankogan, Stanley Pharm, Shin-ei Yakuhin, Zenkoku Yakuhin Kogyo, Daishi Seiyaku, Dai-butsudo Seiyaku, Dia Pharmaceutical, Taiyoudo Seiyaku, Yamato Godo Pharmaceutical, Daiwa Seiyaku, Takaichi Seiyaku, Tamura Pharmaceutical, Tenshindo Seiyaku, Nara Royal Hotel Chinese Restaurant Sazanka, Pandora Farm Group, Fujii Risaburo Yakubo, Pony-no-Sato Farm, Maruta Nakajima Seiyaku, Mitsubishi Pharmaceutical, Miyoshino Seiyaku, Yakuo Pharmaceutical, UHA Mikakuto, Unitech Medical, Wahei Seiyaku, Vanbell

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The History and tradition of Nara Medicine

Nara is a place rich with ancient history and culture.

The foundations of Japanese culture were laid by silk road travelers and the goods they brought: of these, medicine was absolutely key. From the late 6th century, medicines were given not only to those of high social status, but also to commoners at a facility called a “Seyakuin”.

In the 7th century, “En-no-Gyoja”, the founder of the “Shugendo” religious tradition, made a medicine with the bark of wild amur cork trees and herbs from Mt. Omine. It was probably the first medicine sold in Japan, and is widely sold as “Daranisuke-gan” or “Sanko-gan” today.

With this rich history and culture of medicine, its production in homes and free distribution by temples was particularly prominent in Nara. This led to the development of what is known today as Yamato (Nara) medicine.

Even today, a great number of pharmaceutical companies in Nara strive to support peoples’ health and promote a healthy lifestyle.

DARANISUKE-GAN

Daranisuke-gan and Sanko-gan are digestive medicines that contain the bark of amur cork trees. Depending on the ingredients contained, they are effective against a variety of digestive conditions.



ROKUSHIN-GAN

The name of “Rokushin-gan” (literally meaning “six gods’ pills”) refers to six Chinese gods: the blue dragon, the white tiger, the red phoenix, the black tortoise, kirin and snake. It is a cardi tonic containing an ingredient called “senso”.



KIO-GAN

A written formula for this medicine was found inside an old drum owned by Todai-ji Temple. Kio-gan is a medicine for night-time crying, fever, and diarrhea in children who are weak perhaps due to malnutrition. Its formula is similar to that of Rokushin-gan without “senso”.



Modern Medicine Made in Nara

Sanko-gan (digestive medicine)
(第3類医薬品)



Kurodama-ryutan-gan (digestive medicine)
(第3類医薬品)



Fujii Daranisuke-gan (digestive medicine)
(第3類医薬品)



Mother Seven (medicine for women)
(指定第2類医薬品)

Tempyoho-gan (ingredients mainly from natural remedies)
(第3類医薬品)



Vitaglucon DII (health supplement with vitamins)
(第3類医薬品)



Jinhoru (medicine for women)
(第3類医薬品)



Kaze-tengu (cold medicine)
(第2類医薬品)



Sanposhin Maruta (cardiotonic)
(第2類医薬品)

Kaze Soft Capsule (cold medicine)
(第2類医薬品)



Skin Pure Rich (cosmetics)



Nara Cosme Essence (cosmetics)



Rikizoshin (cardiotonic)
(第2類医薬品)



Daishin-gan (cardiotonic)
(第2類医薬品)



Hydro Q Kizu Pad (controlled medical device)



Mikakuto Daranisuke Candy (food)



Nara Cosme Cream (cosmetics)

Nara's medicine store map

- ☆ Welcia Pharmacy
- ② Nikko Hotel
- ③ JR Nara Station
- ④ Nara City Tourist Information Center
- ☆ Drug Store KINOUTA
- ☆ Daikoku Drug
- ⑦ Chidori-ya
- ☆ Sun Drug
- ⑧ Nihon-ichi
- ⑨ Hiyori
- ☆ SEIMS
- ⑩ Daiso
- ⑪ Icho-ya
- ⑫ Kan'ei-do
- ⑬ Kintetsu Nara Station
- ⑭ SOICHIRO
- ☆ Kokumin Drug

